A corner of leaves and vines

Description automatically generated with medium confidenceA cartoon koala bear on a sign

Description automatically generatedA corner of leaves and vines

Description automatically generated with medium confidence

Menu subject to change depending on available foods and children’s eating habits.

**Koala Tree Montessori**

**Week of : September 16-20 2024**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY | TUERSDAY | WEDNESDAY | THIRSDAY | FRIDAY |
| **BREAKFAST** | Granola Bar 1 oz,  Oranges 1/4 cup,  Milk 1/2 cup | Cheerios 1/2 cup,  Applesauce 1/4 Cup,  Milk 1/2 Cup | Granola Bar 1 oz,  Oranges 1/4 Cup,  Milk 1/2 cup | Fruity Cereal,  Apples 1/4 Cup,  Milk 1/2 Cup | Waffles 1/3 cup  Oranges 1/4 cup,  milk 1/2 cup |
| **A.M. SNACK** | 4 Ritz crackers, Applesauce 1/4 cup, Water | Yogurt 1/2 Cup  Raisins 1/4 cup,  Water | Cheese Crackers 1/2 oz,  Apples 1/4 cup,  Water | Pretzels 1/2oz,  Banana 1/4 cup,  Water | Cheese Crackers 1/2 ounce,  Applesauce 1/4 cup,  Water |
| **LUNCH** | Fish sticks 1 oz, Spaghetti with tomato Sauce 1/3 cup,  Mixed Veggie 1/2 cup,  Milk 1/2 cup | Chicken Taquitos 1,  Rice 1/3 cup,  Broccoli 1/4 cup,  Oranges 1/4 cup,  Milk 1/2 Cup | Quesadilla 1/3 cup  Rice 1 oz,  Mixed Veggie 1/2 cup, Grapes 1/4 Cup,  Milk 1/2 cup | Chicken Nuggets 1 oz, French Fries 1/3 cup, Ketchup  Apples 1/4 cup  Milk 1/2 cup | Chicken Nuggets 1 0z Butter Noodles1/3 cup,  Broccoli 1/2 cup,  Grapes 1/4 cup,  Milk 1/2 cup |
| **P.M. SNACK** | Cheese Crackers 1/2 oz,  Apples 1/4 cup,  Water | Wheat Crackers 1/2 oz, Apples 1/4 cup,  Water | Banana, grapes, mixed berry and yogurt  smoothie | Chex Mix 1/2 oz,  Apples 1/4 Cup,  Water | Blueberry muffins 1 oz,  Bananas 1/4 cup,  Water |